



## CEO [UPDATE] by Chad Wable

### Inside This Issue:

- 2 Celebrating Our Primary Stroke Center Certification
- 2 Physicians Present at CT Bar Association Conference
- 3 A Healthcare Leader Award
- 3 In the Words of Our Patients
- 4 Epic Workflow Sessions
- 4 Office Managers Collaborative
- 4 Breast Cancer Awareness
- 5 Rebel Without a Flu
- 5 Welcome Dr. Nicolescu
- 6 Welcome New Staff
- 7 A Forum on Addiction
- 7 Upcoming Events

On Monday, I attended a monthly department meeting at Naugatuck Valley Surgical Center. It was inspiring to talk with the more than 40 staff members there and hear how committed they are to their patients and the work of our surgical center. I also was pleased to share with them the feedback I received from Steven Ruby, M.D., who formerly served as the chairman of surgery at Saint Francis Hospital and is now chief clinical officer for Trinity Health – New England. The first thing Dr. Ruby said when I followed up with him after his visit to the surgical center was, “Wow! What an inspiring and dynamic leader you have in Joan Thompson.”

At the end of the day, what most impressed Dr. Ruby was not our technology or buildings (although he later complimented those, too). What he talked about were the people—our people. That’s what really mattered.

People like Joan Thompson, RN, operations manager, are the reason why we chose “Be Inspired” as the theme for our 2016 Workplace Giving Campaign, which officially began last Friday. When I was asked at the kick-off what inspires me, the answer came easily: I am inspired by all of you and the great work that we do here at Saint Mary’s. As I said in my letter, each day, with every interaction, all of us at Saint Mary’s have the opportunity to touch someone’s life, to make someone’s day better, to exceed expectations. That’s what makes Saint Mary’s truly exceptional and it’s why I am proud to support this campaign.

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It's important for you to know that 100 percent of your contributions will help Saint Mary's and our community. And you can choose the way you want your dollars to be leveraged by selecting one of four key areas. You can choose to help a coworker in a crisis situation, or your donation can go toward buying high-tech equipment that can preserve jobs. You can choose to donate to the community care fund, which supports the less fortunate in our area, or your donation can go toward educating the next generation of healthcare leaders and staff members. It's up to you.

Working together, we can have a greater impact than ever before on the health of our community—and that is truly inspiring! Thank you for your generosity and support.

## Celebrating Our Stroke Center Certification

Our Stroke Team hosted a celebration in Sisters Dining Room on Wednesday, September 28 to highlight our advanced certification by The Joint Commission as a Primary Stroke Center. The event included a cake from Sweet Maria's bakery—cut by Beth Nielsen, MSN, RN, stroke program coordinator, and Dr. Peter Greco, medical director of the stroke program, and provided staff with an opportunity to meet Lucy, our telemedicine robot (in photo below right), who is facilitating 24/7 stroke evaluations by our neurologists for patients who present in the ER as well as inpatients.



## Workers Compensation Conference

Saint Mary's Hospital hosted the Connecticut Bar Association's Workers' Compensation Courtroom Medicine Conference on Friday, September 30th. Dr. Steven Schneider, Chief Medical Officer, spoke about Population Medicine. The event also featured presentations by surgeons from Neurosurgery, Orthopedics and Spine Specialists (NOSS), including Dr. Michael E. Karnasiewicz, Dr. Jarob N. Mushaweh, Dr. Glenn Taylor, Dr. Alan S. Waitze, Dr. William F. Flynn, Dr. David Forshaw, Dr. Judith L. Gorelick and Dr. John G. Strugar.



## CSMS Presents 2016 Healthcare Leader and Innovator Award

The Connecticut State Medical Society has announced that the winner of the 2016 *Connecticut Medicine* Healthcare Leader and Innovator Award is Philip Corvo, M.D., M.A., F.A.C.S., chairman of surgery at Saint Mary's. The award was presented by the Connecticut Medicine editor Michael Deren, M.D., at the 224<sup>th</sup> Annual Meeting of the Connecticut State Medical Society.

The Healthcare Leader and Innovator Award is presented to a physician who has demonstrated exceptional commitment to leadership and innovation at a time of significant changes in the practice of medicine.



Dr. Corvo's selection as this year's HLI Award recipient reflects his outstanding leadership and commitment to surgical quality initiatives. Of note, he is the president and co-founder of the Connecticut Surgical Quality Collaborative, which is the largest and most diverse collaborative of its type in the country. Representatives from all 28 acute care hospitals in Connecticut meet regularly to share quality outcomes, including successes and best practices, for the benefit of all patients in the state. These collaboratives work with the American College of Surgeons National Surgical Quality Improvement initiatives to compare their surgical outcomes in a positive learning environment. The Connecticut Collaborative has also been very active in developing and promoting the Enhanced Recovery after Surgery (ERAS) Program. ERAS is defined as a multimodal peri-operative care pathway designed to achieve early recovery for patients undergoing major surgery.

“This is a very prestigious award that belongs to my whole perioperative team at Saint Mary's, especially Kim O'Meara, Logan Brady and Karen Curley. Together, we are developing protocols that enable us to send our patients home sooner, with less narcotic use and fewer complications. Ideas we are developing here are being used throughout the state and country by other institutions,” Dr. Corvo said.

Dr. Corvo has held numerous positions in the Connecticut Chapter of the American College of Surgeons, including its presidency. During his term as president, the Connecticut Chapter was noted as one of the most active in the United States. He is currently Governor-at-Large of the American College of Surgeons, and has been active nationally in the ACS as a strategic planner assisting state chapters with improvement efforts. Dr. Corvo is an active member of the prestigious, invitation-only New England Surgical Society. He has received numerous awards and has published widely. He has been a peer reviewer for many scientific and professional journals.

Outside of medicine, Dr. Corvo is an accomplished computer programmer, a black belt and karate instructor as well as member of Mensa International.

## In the Words of Our Patients

“Listened to all information I could give and respond well, considering all possibilities. Exceptional patient care; professional, polite, compassionate, prompt, thorough, great communication. Had me feeling normal/myself before leaving. Cured!”

*~From a patient's Comment Card in the Emergency Room*



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## Epic Workflow Demonstration & Review Sessions

Our series of Workflow Demonstration and Review Sessions continues this week. End users are strongly encouraged to attend.

### **For Franklin Medical Group physicians and support staff in ambulatory settings:**

Ambulatory Clinical Workflow Review Sessions will be held Tuesday, October 4 in Room GO2 A&B.

- 7 to 8:30 am: Standard Office Visit
- 5 to 6:30 pm: Clinical Support Staff Visit

Ambulatory Clinical Workflow Review Sessions will be held Wednesday, October 5 in Room GO5:

- 7 to 8am: Outpatient In-Office Procedures and Diagnostics
- 8 to 9am: Referrals
- 5 to 6:30pm: Communication and in basket workflows

*Watch for additional information about Epic!*

## Office Managers Collaborative

Thank you to all who attended Saint Mary's Office Managers Collaborative, which was held September 22 at the Country Club of Waterbury. The event included an update on our affiliation with Trinity Health and Trinity Health – New England presented by Chad Wable, President, Saint Mary's Hospital.

Robin Sills, RN, Physician Liaison, provided an introduction to Epic and an overview of our newest facilities, including our Urgent Care and Primary Care Center in Cheshire, the Diabetes and

Endocrinology Center on West Main Street in Waterbury, our new MRI Suite at Saint Mary's. She noted the newly renovated Naugatuck Valley Surgical Center had recently celebrated its grand re-opening and introduced several of the newest physicians to join Franklin Medical Group, including Yueming Chang, M.D., hematology-oncology, Rabia Cheema, M.D., internal medicine, Joseph Pruner, M.D., internal medicine, Seth Clohosey, M.D., internal medicine, Joseph Gnanaraj, M.D., cardiology, Maysoun Richi, M.D., internal medicine, Shilpa Shetty, M.D., diabetes, endocrinology and metabolism. Robin also highlighted some of our newest community providers, including Edmond Daniells, orthopedics, Thomas Berenberg, M.D., and Brad Oren, M.D., ophthalmology, James Williams, M.D., otolaryngology, and Vanessa Yap, M.D., pulmonary.

The next meeting will be held on Thursday, December 8.



*In honor of Breast Cancer Awareness Month, we are lighting up the front of the hospital in pink lights throughout October. It's a great reminder for women in our community to be proactive about their breast health!*



## Flu Campaign Begins This Week

Our 2016/2017 flu vaccine campaign begins this week. The flu vaccine is mandatory for all staff, medical staff, volunteers, students, business partners, contractors and vendors by *Monday, November 21*. Every staff member who is vaccinated will receive a new badge buddy to wear with their ID badge indicating they have been vaccinated for the 2016/2017 season. Please plan to attend one of the following flu clinics:

### 2<sup>nd</sup> floor crossover to employee garage, 6 to 8:30am and 2 to 5pm

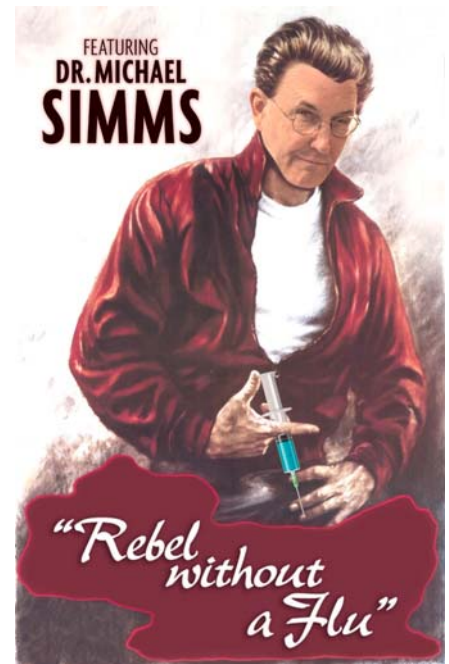
Friday, Oct. 14	Thursday, Oct. 20	Friday, October 28
Monday, Oct. 17	Monday, Oct. 24	Monday, October 31
Wednesday, Oct. 19	Wednesday, Oct. 26	Thursday, November 3

### Cafeteria 11am to 1pm

Friday, Oct. 14	Thursday, Oct. 20	Friday, October 28
Monday, Oct. 17	Monday, Oct. 24	Monday, October 31
Wednesday, Oct. 19	Wednesday, Oct. 26	Thursday, November 3

### Cafeteria 5 to 7pm

Monday, Oct. 17	Wednesday, Oct. 26
Thursday, Oct. 20	Monday, October 31



## Welcome Mirela Nicolescu, M.D.

Saint Mary's Hospital and Franklin Medical Group are pleased to welcome Mirela Nicolescu, M.D., as a provider of rheumatology. Dr. Nicolescu graduated from Carol Davila University of Medicine in Bucharest, Romania, where she earned her medical doctorate and bachelor of general medicine. She completed her internship and residency in family medicine at Emergency University Hospital in Bucharest and her internship and residency in internal medicine at Saint Mary's.

Dr. Nicolescu previously practiced as a primary care provider in Warwick, R.I. She completed her rheumatology fellowship at the University of Connecticut Health Center and is a member of the American Board of Internal Medicine.

Dr. Nicolescu's interests include rheumatoid arthritis, lupus, osteoarthritis, Sjogrens syndrome, vasculitis and gout. She looks forward to providing the highest quality and comprehensive rheumatology care to patients and physicians in the Greater Waterbury area. Her office is located at 133 Scovil Street, Suite 224, in Waterbury. For more information or to schedule an appointment, please call 203-709-6855.



## Education Dept. Hosts Competency Fair

Saint Mary's Department of Education began hosting a Competency Fair for nursing staff on September 19th. Training sessions will be conducted through October 19th. On Monday morning, Ursula Mobilio, RN, MSN, Manager of Education, led a session on preventing central line infections and "scrubbing the hub." (See photo at left). In concurrent sessions, Sally Silva, RN, MSN, initiated a mock code and Ray Desrochers, RN, RN, BSN, CMSRN, discussed how to prevent skin breakdown.

## Welcome New Staff

Saint Mary's is pleased to welcome these staff members, who completed Orientation in September:

Kerri Plourde	Franklin Medical Group Primary Care - Cheshire
Kaitlyn Natzke	Cardiology
Elizabeth Rodriguez	Saint Mary's Urgent Care Center - Cheshire
Alexcia Garris	Saint Mary's Urgent Care Center - Cheshire
Andrea Stillson	Critical Care Unit
Diane Pospisil	Cardiovascular Unit
Sophia Rickevicius	Emergency Department
Jordana Kleinkaufman	Emergency Department
Rachel Irizarry	Emergency Department
Lorryann Walden	Emergency Department
Sasha Martinez	Emergency Department
Roxana Henderson	Emergency Department
Kathryn O'Donnell	Emergency Department
Christopher Mulhall	Emergency Department
April Cross	Emergency Department
Andrea Maldonado	Emergency Department
Chao Lin	Food & Nutrition Services
Kevin Wagner	Food & Nutrition Services
Jenalee Silva	Food & Nutrition Services
Shaina St. Pierre	O'Brien 7
Love Martinez	Internal Medicine Specialists
Aaron Roscoe	Sacred Heart 5
Michelle Tapper	O'Brien 4
Elizabeth Acuna	Xavier 3
Ingrid Stringa	Xavier 3
Brittany Tardiff	Saint Mary's Urgent Care Center - Naugatuck
Cathleen Cohen	Naugatuck Valley Surgical Center
Romonna Karpen	Patient Relations
Vjosana Nasufi	Pharmacy
Jessica Lerosé	Post Anesthesia Care Unit
Yuliya Dobrushkin	Primary Care Partners
Cheryl Fasano	Prospect Specialty
Kimberly Rinaldi	Respiratory/Pulmonary Care
Michael Nicol	Security
Joseph Anthony	Security
William O'Hearn III	Special Assignment Team
Courtney Mucciarone	Special Assignment Team
Dhurata Cipi	Special Assignment Team
Stephanie Secula	Telemetry Unit
Holly Roy	Telemetry Unit
Jessica Wright	Ultrasound Department
Patricia Driscoll	West Side Medical
Sonya Early	West Side Medical

# Post University Hosts Forum on Addiction



Peter Jacoby, M.D., Chairman of the Department of Emergency Services (second from right), was a featured speaker at an Opioid Addiction Awareness and Education Forum hosted by Post University on September 28. Dr. Jacoby joined experts from the Connecticut Department of Mental Health and Addiction Services, the Connecticut State Police Statewide Narcotics Task Force, the Waterbury, Middlebury and Watertown police departments, Senator Joan Hartley, Senator Rob Kane, State Rep. Tony D'Amelio and State Rep. Eric Berthel.

## Upcoming Events

### Fellowship Mass

Wednesday

All staff are invited to share in this special Mass at 11:45 a.m. in the Chapel.

### Eating Well for the Health of It

October 4

Free program presented by Karen Sabbath, MS, RD, CSO, Oncology Nutrition Specialist at the Harold Leever Regional Cancer Center. Registration and light dinner at 5:30 pm. Program 6 to 7 pm. Reservations required. Call 203-575-5544 or email [dparkinson@leevecancercenter.org](mailto:dparkinson@leevecancercenter.org).

### First Friday Music Fest

February 6

Enjoy live music during your lunch break or showcase your musical talents in the Cafeteria from 11am to 1pm.

### Surgical Weight Control Seminar

October 10

Find out if surgical weight loss is an option for you by attending one of our free informational sessions presented by Aziz Richi, M.D., Shady Macaron, M.D., and Shohan Shetty, M.D: October 10 and November 14, 6 to 7 p.m. in Room GO2 of the Conference Center. Register online at [www.TheFirstStepBeginsHere.com](http://www.TheFirstStepBeginsHere.com) or call 203-709-7722.

### Bariatric Surgery Support Group

October 10

Support group meets monthly from 5:45 to 6:45 p.m. in the Archbishop Cronin Board Room, Room GO5 of the Conference Center, and features different topics each month. This month's meeting on October 10 will feature a "Sweeteners, Samples and Recipe Swap." Our program facilitators will help you unravel the mystery behind different types of sweeteners. Come share your favorite recipes! Next sessions: November 14 and December 12. Register at [www.TheFirstStepBeginsHere.com](http://www.TheFirstStepBeginsHere.com) or call 203-709-7722.

### Daytime Bariatric Support Group

October 18

Support group for patients who are considering and those who have had weight loss surgery Meetings are held on the third Wednesday of the month from 10 to 11 am in the Cardiac Conference Room. Presented by Saint Mary's Outpatient Nutrition Center. The theme for the October 18 meeting is "Healthy for the Holidays and Recipe Swap." Please bring a favorite healthy recipe to share with the group. To register please call 203-709-7722.

## Vendor Shows

### October

05–A.S. Shoes

18–Gems & Things (Lobby)

19–Designs By Diane (Lobby)

20–The Glove Lady (only appearance before Christmas)

21–D's Jewelers (Lobby)

25–The Pampered Chef

26–Classy Accessories (Lobby)

27 – Wire Design (Lobby)

*All vendor shows will be held in the hallway outside the Cafeteria, unless otherwise indicated.*

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*The Compass" is a weekly e-newsletter produced by the Marketing Department at Saint Mary's Hospital. If you have a suggestion for an article or a photo request, email "The Compass" via Outlook or contact one of our Editorial Advisory Board members:*

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